

Virginia Youth Soccer Association provides 3 levels of USSF national certification.

"F" Certification

Youth modules for U6-U8, U8-U10, U10-U12 (5 hours each)

The mission of the National Youth License and the State Youth Modules (F Certificate Modules) is to provide the most current and advanced information on growth and development of the youth soccer player, defined as any child from pre-school through adolescence. The course takes the approach that the GAME WITHIN EACH CHILD is at the center of all belief, decisions, and actions taken by the child, coach, and organization. It is the ultimate goal of youth soccer development to unlock the game within the child to reach their full soccer potential. [F Certification Course Schedule](#)

"E" Certification

18 hour course (typically Fri, Sat, Sun)

The "E" Certificate is designed for the parent/coach who may or may not have any previous soccer playing or coaching experience. The curriculum focuses on the development of the player, both individually and as part of the team. The emphasis will be to build on the player's technical development by applying tactical concepts within a team environment. The candidate should be 16 years of age or older. [E Certification Course Schedule](#)

"D" LICENSE

The D License is the highest level license that the state offers. In order to maintain consistency in the delivery and execution of the course the objectives, expectations, and grading for the "D" License course have been established by US Soccer. At the conclusion of the course the candidate will receive a National "D", a State "D" or a fail. The candidate should be at least 18 years of age.

Objectives:

To prepare coaches working with players 12 years of age and above by expanding their knowledge and understanding of the technical and tactical demands of the game and the developmental process necessary for players of these ages.

To provide an understanding of practical coaching methodology and the framework necessary to prepare players and a team for competition.

To prepare coaches for whom this represents their final coaching course, as well as those who plan to continue to further their coaching education.

Those wishing to attend the D License course must have successfully completed an E certificate course and have held the E certificate for at least 6 months or meet the requirements for a waiver. [D License Course Schedule](#)